




# January 2025

## Breakfast

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>
<ul style="list-style-type: none"> <li>Whole Grain French Toast Sticks</li> <li>Turkey Sausage Patty</li> <li>Whole Grain Blueberry Muffin</li> <li>WG Banana Muffin</li> <li>Whole Grain Apple Cinnamon Muffin</li> <li>WG Chocolate Chocolate Chip Muffin</li> <li>Low Fat Mozzarella String Cheese</li> <li>Chilled Peaches</li> </ul>	<ul style="list-style-type: none"> <li>Sausage, Cheese &amp; Biscuit Sandwich</li> <li>Cinnamon Toast Crunch</li> <li>Reduced Sugar Trix</li> <li>Apple Cinnamon Cheerios</li> <li>Cheerios</li> <li>Corn Chex</li> <li>Frosted Corn Flakes</li> <li>Sliced Whole Grain Cinnamon Toast</li> <li>Cinnamon Diced Pears</li> </ul>	<ul style="list-style-type: none"> <li>Whole Grain Waffles</li> <li>Blueberry Topping</li> <li>Frosted Cinnamon Pop-Tart</li> <li>Frosted Strawberry Pop-Tart</li> <li>Low Fat Mozzarella String Cheese</li> <li>Fresh Red Delicious Apple</li> </ul>	<ul style="list-style-type: none"> <li>Iced Cinnamon Roll</li> <li>Whole Grain Blueberry Muffin</li> <li>WG Banana Muffin</li> <li>Whole Grain Apple Cinnamon Muffin</li> <li>WG Chocolate Chocolate Chip Muffin</li> <li>Sliced Whole Grain Cinnamon Toast</li> <li>Cinnamon Diced Pears</li> </ul>	<ul style="list-style-type: none"> <li>Scrambled Eggs with Cheddar Cheese</li> <li>Fresh Baked Whole Grain Biscuit</li> <li>Strawberry Mango Smoothie</li> <li>Honey Graham Crackers</li> <li>Fresh Red Delicious Apple</li> </ul>
<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>
<ul style="list-style-type: none"> <li>Apple Frudel</li> <li>Whole Grain Blueberry Muffin</li> <li>WG Banana Muffin</li> <li>Whole Grain Apple Cinnamon Muffin</li> <li>WG Chocolate Chocolate Chip Muffin</li> <li>Low Fat Mozzarella String Cheese</li> <li>Honeydew Cubes</li> </ul>	<ul style="list-style-type: none"> <li>Chicken Tenders</li> <li>Whole Grain Waffle</li> <li>Baked Apple Slices</li> <li>Cinnamon Toast Crunch</li> <li>Reduced Sugar Trix</li> <li>Apple Cinnamon Cheerios</li> <li>Cheerios</li> <li>Corn Chex</li> <li>Frosted Corn Flakes</li> <li>Sliced Whole Grain Cinnamon Toast</li> <li>Pineapple Tidbits</li> </ul>	<ul style="list-style-type: none"> <li>Breakfast Bowl</li> <li>Frosted Strawberry Pop-Tart</li> <li>Frosted Cinnamon Pop-Tart</li> <li>Low Fat Mozzarella String Cheese</li> <li>Fresh Orange</li> </ul>	<ul style="list-style-type: none"> <li>Strawberry Cream Cheese Stuffed Bagel</li> <li>Cinnamon Toast Crunch Cereal Bar</li> <li>Cocoa Puffs Cereal Bar</li> <li>Trix Cereal Bar</li> <li>Sliced Whole Grain Cinnamon Toast</li> <li>Pineapple Tidbits</li> </ul>	<ul style="list-style-type: none"> <li>Fresh Baked Whole Grain Biscuit</li> <li>Old Fashioned Gravy</li> <li>Strawberry Banana Smoothie</li> <li>Honey Graham Crackers</li> <li>Fresh Orange</li> </ul>
<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>
 <p><b>MLK DAY</b></p> <p>No School</p>	<ul style="list-style-type: none"> <li>Cinnamon Toast Crunch Mini French Toast Bites</li> <li>Cinnamon Toast Crunch</li> <li>Reduced Sugar Trix</li> <li>Apple Cinnamon Cheerios</li> <li>Cheerios</li> <li>Corn Chex</li> <li>Frosted Corn Flakes</li> <li>Sliced Whole Grain Cinnamon Toast</li> <li>Fresh Orange</li> </ul>	<ul style="list-style-type: none"> <li>Grits Breakfast Bowl</li> <li>Frosted Strawberry Pop-Tart</li> <li>Frosted Cinnamon Pop-Tart</li> <li>Low Fat Mozzarella String Cheese</li> <li>Fresh Red Delicious Apple</li> </ul>	<ul style="list-style-type: none"> <li>Blueberry Bash Waffles</li> <li>Cinnamon Toast Crunch Cereal Bar</li> <li>Cocoa Puffs Cereal Bar</li> <li>Trix Cereal Bar</li> <li>Sliced Whole Grain Cinnamon Toast</li> <li>Fresh Orange</li> </ul>	<ul style="list-style-type: none"> <li>Egg &amp; Cheese Bagel Sandwich</li> <li>Pineapple Orange Smoothie</li> <li>Honey Graham Crackers</li> <li>Fresh Banana</li> </ul>
<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>	<b>31</b>
<ul style="list-style-type: none"> <li>Honey Butter Chicken Biscuit</li> <li>Whole Grain Blueberry Muffin</li> <li>WG Banana Muffin</li> <li>Whole Grain Apple Cinnamon Muffin</li> <li>WG Chocolate Chocolate Chip Muffin</li> <li>Low Fat Mozzarella String Cheese</li> <li>Fresh Orange Wedges</li> </ul>	<ul style="list-style-type: none"> <li>Buttermilk Pancakes</li> <li>Blueberry Topping</li> <li>Cinnamon Toast Crunch</li> <li>Reduced Sugar Trix</li> <li>Apple Cinnamon Cheerios</li> <li>Cheerios</li> <li>Corn Chex</li> <li>Frosted Corn Flakes</li> <li>Honey Graham Crackers</li> <li>Fresh Red Seedless Grapes</li> </ul>	<ul style="list-style-type: none"> <li>Turkey Ham, Egg &amp; Cheese Burrito</li> <li>Frosted Strawberry Pop-Tart</li> <li>Frosted Cinnamon Pop-Tart</li> <li>Low Fat Mozzarella String Cheese</li> <li>Fresh Granny Smith Apple</li> </ul>	<ul style="list-style-type: none"> <li>Mini Cinnamon Waffles</li> <li>Cinnamon Toast Crunch Cereal Bar</li> <li>Cocoa Puffs Cereal Bar</li> <li>Trix Cereal Bar</li> <li>Honey Graham Crackers</li> <li>Fresh Red Seedless Grapes</li> </ul>	<ul style="list-style-type: none"> <li>Turkey Sausage Pancake Sandwich</li> <li>Banana Pineapple Smoothie</li> <li>Honey Graham Crackers</li> <li>Fresh Granny Smith Apple</li> </ul>

🍌 1/28 Blueberry Pancake Day

If you have a food allergy, please notify us. Ask your cafeteria manager if changes were made to today's menu so we can help keep you safe!

Adult Meal Prices Adult Breakfast: \$2.84, Adult Lunch: \$5.29

Menus Subject to Change We try our best to serve our menus as posted; however, sometimes last minute changes occur. Please check with the cafe manager prior to the meal if you have any concerns.

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